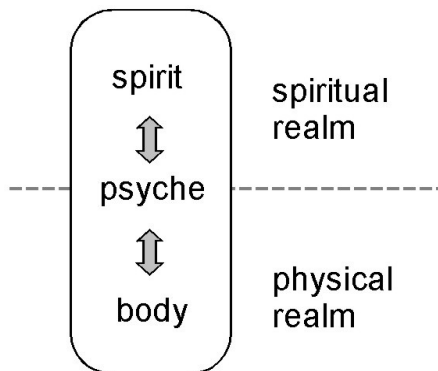


Living by the Spirit

Human Spirit	
Description <ul style="list-style-type: none"> ● exists in spiritual realm ● eternal ● stable (only small, slow changes after salvation) 	Traits <ul style="list-style-type: none"> ● character (God-given true self, real you) <ul style="list-style-type: none"> ○ aptitudes (spiritual gifts, natural abilities) ○ character traits (fruit of the spirit, other godly traits) ○ tendencies (personality traits: extrovert/introvert, etc.) ○ compelling interests ● will ● conscience (knowledge of good/evil) ● sub-conscious thought & memory ● spiritual senses (hearing, sight, smell, taste, touch)
Human Psyche	
Description <ul style="list-style-type: none"> ● exists in spiritual or psychical realm? ● eternal ● volatile/dynamic (changes easily, quickly) 	Traits <ul style="list-style-type: none"> ● conscious awareness, mind, reasoning, intellect ● decisiveness/decision-making ● memory ● attitudes, perspectives & behavior patterns (including residual ones from former sinful life) ● feelings/emotions ● personality (expression of self)
Human Body	
Description <ul style="list-style-type: none"> ● exists in physical realm ● temporal (will be replaced with eternal, spiritual body) 	Traits <ul style="list-style-type: none"> ● sensory info (hearing, sight, smell, taste, touch) ● bodily feelings (e.g., hunger, comfort, pain)

Human Being



Psyche

- Psyche's primary function may be judging, decision-making
 - psyche receives inputs from spirit & body
 - aware of its own faculties (personality, conscious thought, memories, attitudes, feelings)
 - must decide how to respond
- Simple example

Sarx

- Bible versions usually translate Greek word *sarx* as "flesh" or "sinful nature"
- New Testament usage of *sarx* relates to your physical presence, perspective, and behavior based on physical realm.
 - Gal 2:20, "The life I live in the body, I live by faith in the Son of God."
 - "the body" is *sarx*
- New Testament uses *sarx* to represent an existence compatible with world system
- Gal 5:19-21, "The acts of the [*sarx*] are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God."
 - What is Paul's warning?

Living by the spirit

- Adam & Eve were spiritual beings, created in God's image; originally, their spirits were dominant over the rest of their being (psyches & bodies).
- Gal 5:16, "So I say, live by the Spirit, and you will not gratify the desires of the *sarx*."
 - *sarx*: orientation toward physical existence
 - Based on our definition of *sarx*, what are some of its desires?
 - According to this verse, is gratifying the *sarx* optional?
 - Whose flesh/*sarx* is referred to in verse 16?
 - Whose spirit?
 - Live by the spirit: be aware of your spirit, be alert to it, and follow it.

- Gal 5:25, “Since we live by the [spirit], let us keep in step with the [spirit].”
 - If “spirit” in this verse refers to your human spirit, what does it mean to keep in step with it?
- Rom 6:2, “We died to sin; how can we live in it any longer?”
- Rom 12:2, “Do not conform any longer to the pattern of this world.”
- Rom 8:5, “For they that are according to flesh mind the things of the flesh; and they that are according to Spirit, the things of the Spirit.” (Darby)
 - Other translations: those who live according to the flesh, they that are after the flesh, those who are habitually dominated by the flesh
 - “mind” (Gk, *phroneo*): (1) think about; (2) direct one’s mind to something; (3) set one’s mind on something; (4) honor something
 - What does it mean to “mind the things of the flesh”?
 - What changes should you expect in the way you live if you focus on things of the spirit?
- Rom 8:6, “For the mind of the flesh is death; but the mind of the Spirit life and peace.” (Darby)
 - “mind of” (Gk, *phronema*): (1) mindset; (2) that which is in the mind
 - How would you describe “the mind of the flesh”?
 - What is the result of this orientation, according to this verse?
 - How would you describe “the mind of the spirit”?
 - What is the result of this orientation?
- Rom 8:9, “You, however, are controlled not by the [*sarx*] but by the [spirit], if the Spirit of God lives in you.”
 - “controlled . . . by” (Gk, *en*): in
 - all other translations: “in the flesh” or “of the flesh”
 - Point #1: Grammatically, the first use of “spirit” must refer to human spirit.
 - Does this refer to one or two spirits?
 - Explain why, based on the grammar.
 - A general reference to *sarx*/flesh means whose flesh?
 - Likewise, a general reference to *spirit* in this verse means whose spirit?
 - point #2: This has to mean we’re controlled by human spirit, not God’s Spirit.
 - Did God give man free will and authority?

- Were our free will and authority perverted by sin and did Jesus redeem them on the cross?
- Does God violate our free will or override our authority?
- According to this verse, whose spirit are we to be controlled by — God’s Spirit or ours?
- My spirit must control and impart life to my psyche, that my thoughts, attitudes, memories, feelings, and decisions would honor God.
- My spirit must control and impart life to my body, that it may be healthy and strong.
- The major goal of this study is to make us more aware of the spiritual realm and our spiritual existence, to help us live by our spirits, to become better stewards of our spiritual nature.

Blessing

- May the Holy Spirit guide you into all truth, showing you how to live by the spirit in everything you do.